

# **Peanut Butter Granola Yogurt Cups**



**Snack:**

**Makes 1 servings**

**1/2 cup vanilla yogurt**

**1/4 cup granola**

**In bowl, place 1/2 cup of yogurt and top with granola before serving.**

## **Tips**

- **Buying yogurt in large containers can sometimes be cheaper per oz. Look at the price label to compare.**
- **1 individual size container yogurt is ~1/2 cup**
- **Making granola from scratch is a great way to control the amount and type of sugar and fat that is used to make it.**

