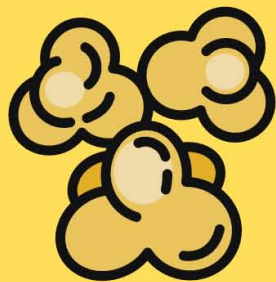


Dorito Flavored Popcorn

Makes 4 servings

Ingredients

- ½ cup popcorn kernels
- 1 tsp garlic powder
- ½ tsp ground cumin
- 1 tsp paprika
- ¼ tsp - ½ tsp chili powder
- 2 tbsp nutritional yeast
- 1 tsp sea salt
- ¼ cup melted vegan butter (optional)



Spices add flavor without adding extra calories.



Directions

- Prepare popcorn using your preferred method.
- Finely grind nutritional yeast, garlic powder, cumin, paprika, chili powder, and salt in a spice grinder.
- On a large baking sheet, place popcorn. Pour melted butter, and toss with popcorn to coat.
- Sprinkle the nutritional yeast mixture over the popcorn, and toss well to coat. Taste and add more salt, nutritional yeast or chili powder as needed.

Popcorn is naturally low in fat and calories. 1 ounce of popcorn has 4 grams of fiber.

