

Introducing

Ally Pascual



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I recently moved back home to Kauai after graduating in June of 2019 from California Polytechnic State University, San Luis Obispo. I graduated with a Bachelor's Degree in Kinesiology and Minor in Psychology. I am currently the new Health Promotion Specialist for the Malama I Na Pua Program. I teach nutrition and healthy lifestyles in the Hawaiian Language Immersion Schools. I have a strong passion for health and wellness, and enjoy teaching keiki about the importance of developing healthy habits while they are young!

Growing up I was always active, playing various sports including soccer, cross country, softball, and volleyball. In my free time, I enjoy hiking, running, and relaxing at the beach.